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Singles Strategy - Quick-Fix Book: High Percentage Tennis



ON COURT QUICK-FIX BOOK

SINGLES STRATEGY

BLUEPRINT TO WIN



Grant Grinnell—Tennis Professional

Inspire, Encourage, Celebrate



Synopsis

This (quick-fix) book provides the blue print to playing the highest percentage tennis possible based on the geometry of the court. *PLUS A SPECIAL SECTION that precisely defines the latest analytics which (definitively) show the patterns you'll want to immediately add to your game. The analytics include where to serve, where to return, where to hit your ground strokes, when to go to the net, where to hit when you get there. What percentage of points do you need to win the match. What tactics create the highest winning percentage and more! This condensed knowledge book also provides potent tactics for how to beat any style singles player including: a big server, a great returner, aggressive baseliner, pusher, counter-puncher, hacker-slicer, and all-court player. The mental toughness section pinpoints the philosophies and mindsets to improve at the fastest rate possible and then identifies the attitudes you'll need to consistently play up to and (stretch) the upper limits of your ability. Overall, this (quick-fix) book is designed to save you time, improve pattern of play decision making, reduce match play nerves and pressure, and give you the instantaneous tactical wisdom to consistently win!

Book Information

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